

PSHE skills progression at Woodseaves C.E. Primary Academy

	EYFS	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
<b>Social and emotional</b>	<p>Form positive relationships and develop respect for others.</p> <p>Talk about how they and others show feelings, talk about their own and others' behaviour and its consequences, and know that some behaviour is unacceptable.</p> <p>Children play co-operatively, taking turns with others</p> <p>Take account of one another's ideas about how to organise their activity.</p> <p>Show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p>	<p>Identify and name some feelings (for example through interpreting facial expressions) and express some of their positive qualities.</p>	<p>Demonstrate that they can manage some feelings in a positive and effective way.</p> <p>Begin to share their views and opinions (for example talking about fairness).</p> <p>Set themselves simple goals .</p>	<p>Demonstrate that they recognise their own worth and that of others.</p> <p>Express their views confidently and listen to and show respect for the views of others.</p>	<p>Express their views confidently and listen to and show respect for the views of others.</p> <p>Know what a friend is and does and how to cope with some friendship problems.</p>	<p>Identify ways to face new challenges. They can discuss some of the bodily and emotional changes at puberty, and can demonstrate some ways of dealing with these in a positive way.</p>	<p>Identify positive ways to face new challenges (for example the transition to secondary school).</p> <p>Discuss some of the bodily and emotional changes at puberty, and can demonstrate some ways of dealing with these in a positive way.</p> <p>Talk about a range of jobs, and explain how they will develop skills to work in the future.</p> <p>Demonstrate how to look after and save money.</p>
<b>Health and well being</b>	<p>Know the importance for good health of physical exercise and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</p>	<p>Explain ways of keeping clean and they can name the main parts of the body.</p> <p>Explain that people grow from young to old.</p>	<p>Make simple choices about some aspects of their health and well-being and know what keeps them healthy.</p> <p>Discuss the harmful aspects of some household products and medicines, and describe ways of keeping safe in familiar situations.</p>	<p>Make choices about how to develop healthy lifestyles.</p>	<p>List the commonly available substances and drugs that are legal and illegal, and can describe some of the effects and risks of these.</p> <p>Understand when they should keep secrets and promises, and when they should tell somebody about them.</p>	<p>Make judgements and decisions and can list some ways of resisting negative peer pressure around issues affecting their health and wellbeing. identify some factors that affect emotional health and well-being. Identify and explain how to manage the risks in different familiar situations.</p> <p>List the commonly available substances and drugs that are legal and illegal, and can describe some of the effects and risks of these.</p>	
<b>Living in the wider world</b>	<p>Show an awareness of how to be kind to family and friends.</p>	<p>Explain different ways that family and friends should care for one another.</p>	<p>Recognise that bullying is wrong and can list some ways to get help in dealing with it.</p> <p>Recognise the effect of their behaviour on other people, and can cooperate with others (for example by playing and working with friends or classmates).</p> <p>Identify and respect differences and similarities between people.</p>	<p>Explain how their actions have consequences for themselves and others.</p> <p>Describe the nature and consequences of bullying, and can express ways of responding to it.</p> <p>Show how they care for the environment (e.g. animals and school grounds)</p>	<p>Describe the nature and consequences of bullying, and can express ways of responding to it.</p> <p>Identify different types of relationship (for example marriage or friendships), and can show ways to maintain good relationships (for example listening, supporting, caring).</p>	<p>Respond to, or challenge, negative behaviours such as stereotyping and aggression.</p>	<p>Describe some of the different beliefs and values in society, and can demonstrate respect and tolerance towards people different from themselves.</p>